



**LITERACY FIRST CHARTER**  
**SCHOOLS**  
**Online Meal Applications for the**  
**2019-2020 School year**  
**WILL BE ACCEPTED**  
**STARTING**  
**JULY 31, 2019**

**Go Online to Apply for our Lunch program!**

Now more than ever it is easy to apply for no cost meals. Scan the QR below with your smart phone and it will link you with the Food Services online meal application. You can also fill out the form online by visiting our website.

**To fill out the application and view our Wellness policy visit :**

<http://www.schoolnutritionandfitness.com/index.php?sid=1602161553010011>

or

<https://onlinemealapps.guhsd.net/>

GUHSD—FOOD SERVICES  
PO BOX 1043  
LA MESA, CA 91944-1043

Phone: 619-644-8183  
E-mail: [ahernandez@guhsd.net](mailto:ahernandez@guhsd.net) or  
[oalmeraz@guhsd.net](mailto:oalmeraz@guhsd.net)

